



## SUMMER CONFERENCE BUILDING BRILLIANCE: EMPOWERING GIFTED MINDS WITH TOOLS FOR SUCCESS

# Free Parents' Night



Tuesday, June 10, 2025



6:30 - 7:30 P.M.



Hidden Valley Middle School  
15410 S Harmon Day Dr  
Bluffdale, Utah 84065



ACTIVITIES FOR  
CHILDREN PROVIDED



### FEATURED SPEAKER Emily Mofield, Ed.D.

Tools for Building Resilience in Gifted Students

Have you noticed that some gifted children can be really hard on themselves, even when they have a long list of achievements? How can we help them manage perfectionism, build resilience, and navigate setbacks? Gifted children often struggle with their identity—grappling with expectations, self-worth, and what it means to be gifted. How do we support them in staying committed to their goals instead of giving up when things get tough? In this session, we'll explore practical ways to encourage intellectual risk-taking, strengthen self-regulation, and help them develop a healthy sense of identity while learning to persevere through challenges.